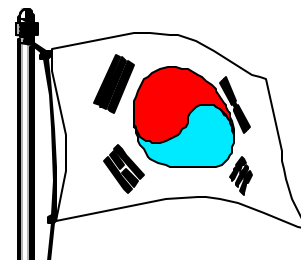
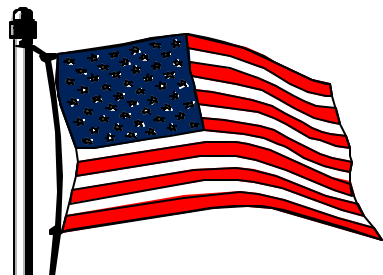
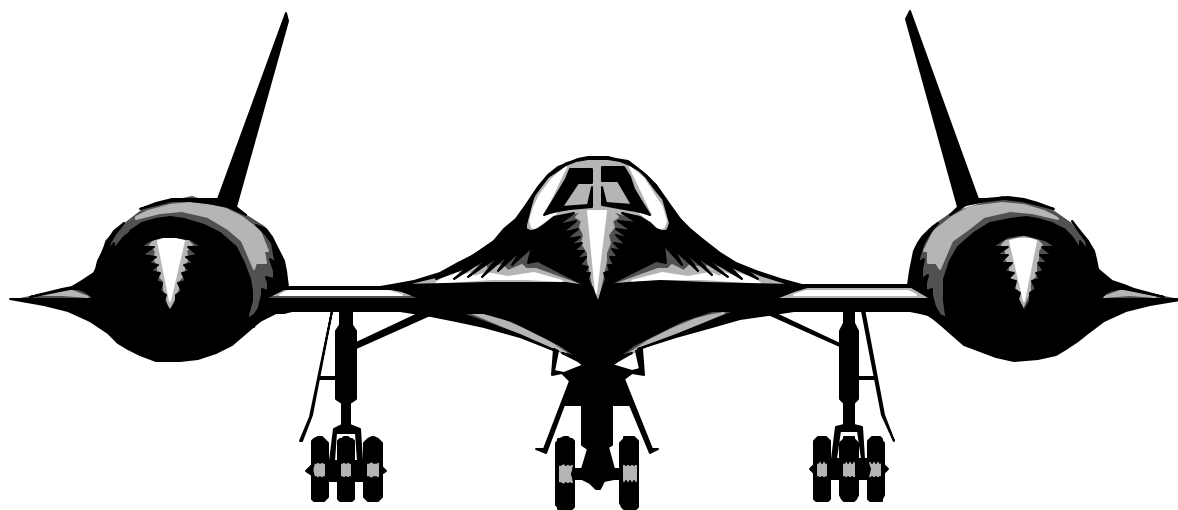


# ***AIR FORCE ELEMENT, YONGSAN, KOREA***

*"Expect Nothing Less Than Our Best...You Deserve It!"*



## ***BLUESUITERS' DIGEST***



***NEWSLETTER 02-07***

***JULY 2002***

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*Bluesuiter's Digest, AFELM,  
Yongsan AIN, Seoul Republic of  
Korea, July 2002*

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**We hope everyone had**



**Happy 4<sup>th</sup> of July!**

## **STAFF**

### **AFELM COMMANDER/AIR FORCE ADVISOR**

*Major General James N. Soligan*..... 725-6031

### **AFELM SECTION COMMANDER**

*Colonel Ruth E. Ellis*..... 723-6035

### **DEPUTY, AFELM SECTION COMMANDER**

*Colonel (S) Col Wayne H. Wentz*..... 723-7189

### **CHIEF, PERSONNEL/AFELM FIRST SERGEANT**

*MSgt James "Juice" Satterwhite*..... 723-8587

### **CHIEF, FINANCE ACTIVITY**

*TSgt Michael Otte*..... 723-6203

### **SUPERINTENDENT, PERSONNEL ACTIVITY**

*TSgt Calvin "TC" Ridley*..... 723-8389

### **INPROCESSING/INTRO/CUSTOMER SERVICE/DOS EXTENSIONS & REENLISTMENTS**

*SrA Alejandro "AI" Capristan*..... 723-8389

### **PROMOTIONS/EPRs/OPRs/SPECIAL SELECTION BOARDS**

*SSgt Robert "Redd" Batiste*..... 723-8569

### **ASSIGNMENTS/DEROS EXTENSIONS/ SEPARATIONS & RETIREMENTS**

*SSgt Karen Rodriguez*..... 723-8538

### **AFELM ORDERLY ROOM MANAGER**

*TSgt Chris Hummel*..... 723-3895

**Bldg 2374 Fax Number (unsecure)**..... 723-3386/  
4099

**AFELM E-Mail address:**     [afelm@usfk.korea.army.mil](mailto:afelm@usfk.korea.army.mil)

*"No One Comes Close...The United States Air Force"*

# ***AIR FORCE ELEMENT QUARTERLY AWARD WINNERS***

***Outstanding Achievement***

***2<sup>ND</sup> Quarter***



***Amn of the Quarter- Taryn Young (J4)***

***NCO of the Quarter- TSgt LaChanda Crowell (AFELM)***

***Senior NCO of the Quarter- No nominations submitted***

***CONGRATULATIONS!!!***

***Continue to forge the boundless future of your nation's Air Force!***



# **AIR FORCE ELEMENT QUARTERLY RECOGNITION PROGRAM**

***for Outstanding Achievement***

***1 Apr - 30 June 2002***



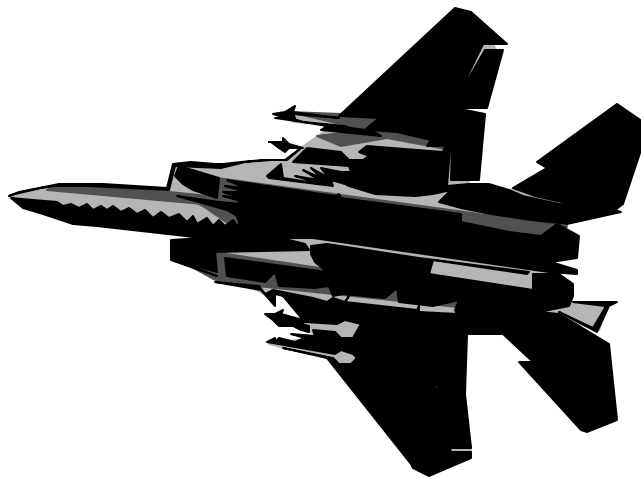
## ***Categories:***

***Airman of the Quarter (AB thru SrA)***

***NCO of the Quarter (SSgt and TSgt)***

***Senior NCO of the Quarter (MSgt thru CMSgt)***

***Deadline for Nominations is 31 July 2002***



**Purpose:** Establish the enlisted quarterly recognition program for outstanding personnel assigned/attached to the AF Element, Yongsan AIN, Republic of Korea. The program's objectives are: recognize and reward personnel for outstanding accomplishments; provide personnel with greater incentive for individual achievements; stimulate initiative, improve morale, and enhance esprit de corps.

**Eligibility:** Active Air Force enlisted personnel assigned to any AFELM billet.

**Period of Recognition:** 1 April - 30 June 2002. Nomination must be based on achievements/accomplishments occurring during period 1 April- 30 June 2002.

**Deadline:** Nomination packages must be received by the AFELM First Sergeant by 1700 hours, 31 July 02, Bldg 2374. NO EXCEPTIONS.

**Nominations:** Nominations will be submitted on an AF Form 1206, Jul 00 version (use Form Flow or bring a formatted diskette to the AFELM Orderly Room to obtain a copy). Nominations must be in bullet format and limited to one page using 10 or 12 pitch type. Use the headings as per the attached example. All Category of Consideration titles must be listed on the AF Form 1206, capitalized and in **bold** print. If no information is provided for a Category of Consideration, follow the title with N/A.

<b>Categories of Consideration:</b>	<b>Point Value:</b>
Performance in Primary Duty	0 - 20
Leadership Qualities	0 - 15
Significant Self-Improvement	0 - 10
Air Force or Other Awards	0 - 5

Scoring scale (from lowest to highest rating): 0, 0.5, 1.0, 1.5, 2.0, etc.

If no information is provided for a category the nominee will receive a point value of zero (0).



*FROM THE  
FIRST SERGEANT*

*MSgt James "Juice" Satterwhite Jr.  
723-8587*

***SUPERVISORS MUST  
DELIVER THE GOODS!***

Supervisors are what training and experience make them. You can have all the training in the world; but if you can't deliver when the situation arises, your people lose respect, the mission fails and you and the Air Force have a problem.

Supervisors know the standards and are consistent in how they live, work and relax. They know the mission is paramount in Air Force living; but they also know that it is the workers that get the mission done.

Have you evaluated yourself lately? What do you expect of your workers. What do they expect of you? Where and what can we improve? Think about it for a moment.

**Be Decisive:** Don't be afraid to make decisions based on training, information, experience and gut feeling. Supervisors are motivated leaders that take action; they don't wait in line to ask permission. Yes, you and I will make mistakes from time to time. That's what being human is all about. The key is "what did we learn?"

**Listen:** Listen to what's going on...what is being said. Observe. Your workers are smart people. They have good ideas that can make your job easier. Give credit where it is due. If you promise, deliver!

**Be Accessible:** Supervisors don't work banker's hours or an eight-hour day. They are available all the time. If a worker needs to talk, you need to listen. The job isn't going anywhere if your machine has a breakdown, fix it and get on with the work. If you don't have the answers, help your people find professional agencies that do.

**Be Consistent:** Make sure you know the standards and follow them. Educate your people on the standards and enforce them fairly. If a reprimand is required, remember to be professional and that the key is rehabilitation...not cremation.

**Promote the Best Ideals of Air Force Leadership and Management:** Groom subordinates to be what the Air Force expects. Teach them that leadership styles are a mixture of the best approach to the present situation.

Supervisors are responsible for their people, their welfare and what they produce. They are Participants in and supporters of management; but they are not too proud to ask for clarification or offer ideas when events or procedures fail to ring true. You have a duty to agree, disagree and offer possible alternatives...that's why you're where you are!

People make the mission happen. If you are a supervisor, remember that the Air Force has a sizeable investment in you and your talent. Who and what you are as a person is one thing. As an Air Force supervisor, the service expects you motivate, lead and get the best products and production from your workers for the least amount of spending. The ball's in your court! How do you measure up?

We've all had, or will have to work under this type of situation during our careers, and mission



effectiveness is impaired when subordinates and supervisors don't get along.

However, right or wrong, the boss usually wins. Subordinates often complain about their lack of power, and most feel frustrated that they have little opportunity to influence the way the job gets done.

Nevertheless, the majority of people who are successful in their jobs have managed their bosses for years.

There are quite a few methods you can use to manage your boss.

One method is to never give your boss problems without proposed solutions. Most people think that it is not their job or they feel their peers will think they are brown-nosing when they try to help the boss solve problems.

While few bosses may not encourage you to participate in the decision-making process because it threatens their job security and self-confidence, most bosses will welcome thoroughly researched and well thought out solutions.

Furthermore, never give your boss surprises (unless of course it's a birthday card). Make them aware of everything that is important to their job so they will always have up to date information. Nothing is more embarrassing or will make your boss look bad than when the boss superior asks about the status of a project – big or small – that you are working on and your boss is not aware of it. Often we have tendency to forget that our supervisors have bosses that they must answer to.

Also stop trying to change your boss. Like relationships with a partner, be it a spouse or friend, trying to change someone's behavior or

disposition will lead to fights, ultimatums, lack of respect---ultimately failure.

One thing you must remember is that bosses are human beings. They have bad days and good days. Knowing when to approach them and being sensitive to their moods and viewpoints are just as important as keeping them informed.

Additionally, make sure that your priorities are in line with your boss'. For example, first thing every morning, I come in and take out my "things to do" list. These are things within my section. They are prioritized. Those things that are a priority to my boss or that will get me fired are at the top. You can't go wrong using that method.

Moreover, always be honest. Most bosses are willing to tolerate honest mistakes as part of the learning process- but don't make the same mistake twice. Once the trust between you and your boss is lost, chances are you will never regain it. The best thing for you to do then is to move on and try to manage another boss.

And last, learn to handle constructive criticism. Your boss is only trying to help you become a better worker. A good way to do this is through feedback. However, I recommend that you ask for feedback; don't wait for the mandatory session or be surprised by a performance report rating you feel you don't deserve. Ask for specific information when a feedback is vague. It's all a part of working toward a better relationship.

The subordinate-supervisor relationships can't be overemphasized. It'll take a commitment. Because there are many bosses out there waiting to be managed, learn to manage yours and then watch for improvements in mission effectiveness and the boss-worker relationship.

# Before the Storm...

## Monsoon Season in Korea Brings Rain & Flooding

As new personnel arrive to Korea during the normal summer transition, United States Forces Korea are also preparing for the upcoming monsoon season that normally begins in late July and carries on through September each year. The monsoon season can be a gentle rain that is steady and constant, but it also can bring severe flooding. If a typhoon joins with the monsoon weather, the steady rains of the monsoon can quickly change to torrential downpours that cause severe flash flooding. If this occurs, the Korean peninsula will quickly become a country of rushing rivers that can cause severe damage and loss of life. The small canals and drainage ditches criss-crossing the country and U.S. installations can become life-threatening rivers.

## Monsoons Have Caused Severe Damage in the Past

Most deaths in flooding are car-related, such as trying to drive through low areas or attempting to cross-flooded bridges. Cars may stall because of the high water or become blocked by rockfalls, mudslides, fallen trees, or other stalled cars. During the monsoon seasons of '98 & '99, U.S. Forces Korea sustained both significant damage to property and loss of life. Some losses are preventable by taking the necessary precautions and knowing what to do in the event of flooding.

## Disaster Supply Kit Basics

In the event of flooding, be prepared to evacuate or to stay put for days without electricity. Keeping the following items on hand and in a central location or easy-to-carry backpack is a simple way to ensure you and your family is prepared for severe weather. Items to have on hand are:

- Portable, battery-powered radio or television with extra batteries
- Flashlight with extra batteries
- First aid kit and first aid manual
- Supply of prescription medications
- Credit card and cash
- Personal identification
- An extra set of car keys
- Matches in a waterproof container
- Signal flare

- Map of the area and phone numbers of places to go
- Special needs such as diapers, formula, copies of prescriptions, spare eyeglasses or other physical needs
- Emergency food and water
- Non-electric can opener
- Sturdy shoes

## During the Flood...

If indoors, continue to listen to local news. Get your pre-assembled emergency supplies. Monitor the conditions around your building. If told to leave, do so immediately.

If outdoors, climb to the high ground and stay there. Avoid walking through floodwaters. It is easy to misjudge the speed and depth.

## Before the Rains Begin...

Check the exterior of your buildings or quarters for dead trees and limbs. If you find them, contact DPW for removal. Check your rain gutters to ensure they are free of debris. This will prevent back-up and potential leaks into the building. Check with DPW that check valves have been installed in building sewer traps to prevent floodwaters from backing up in sewer drains. (As a last resort, use corks or stoppers to plug showers, tubs or basins if floodwaters come.) Lastly, plan and practice an evacuation route. Know where to find high ground or a safe haven in your community.

## During a Flood Watch...

Listen to the television or a battery-operated radio for the latest storm information. Fill bathtubs, sinks and jugs with clean water in case water becomes contaminated. Bring outdoor belongings, such as patio furniture and small grills, inside. These lightweight items may become projectiles in the strong winds. Move valuable household possessions to upper floors or safe ground if time permits. If instructed by local authorities, turn off all utilities at the main switch and close the main gas valve. Fill your car's gas tank. Gas stations may not have electricity for days after the storm. If strong winds are expected, place strong tape on large picture windows. Although it will not prevent windows from breaking, the tape will reduce the shattering of the glass and reduce the risk of injury to you and your family. Be prepared to evacuate floodwaters. If in a car, do not drive through flooded areas. Turn around and go another way. If your car stalls, abandon it immediately and climb to higher ground immediately. Do not attempt to move stalled vehicles.

## After the Flood...

Flood dangers do not end when the water begins to recede. Listen to a radio or television and don't return home until authorities indicate it is safe to do so. Throw away food, including canned goods that has come into contact with floodwaters. Avoid entering any building before local officials have said it is safe. Buildings may have hidden damage that makes them unsafe. Gas leaks and electric or waterline damage can create additional problems. Seek necessary medical care at the nearest hospital or clinic. Contaminated floodwaters lead to a greater possibility of infection, even in the smallest of wounds. Immersion in contaminated floodwaters for prolonged periods may lead to many skin diseases or other infectious diseases. Heat and cold injuries are also life threatening. Exposure to water for extended time can lead to hypothermia, even at relatively warm temperatures. Avoid disaster areas. Your presence might hamper rescue and other emergency operations and put you at further risk from the residual effects of the flood, such as crumbled roads, landslides, and other hazards. Be safe and know the conditions of the area where you are located.



***BE PREPARED AND SAFE WHEN THE RAINS COME***

# COMMANDER'S SUPPORT STAFF (ORDERLY ROOM) BIZ

*TSgt LaChanda M. Crowell, 723-3895*

## LEAVE AND PERMISSIVE TDY

All AF Form 988 must be processed through the Commander's Support Staff (Orderly Room). Whether the form is for ordinary leave, special pass, permissive TDY, etc., it is still required to have a leave authorization number that is issued and monitored by the staff of the Orderly Room. Members are required to complete part III of AF Form 988 immediately after returning from leave. **NOTE:** Permissive TDYs can be approved **only** by the Commander of the Air Force Element.

## MONTHLY COMMISSARY SPENDING LIMIT

The monthly spending limits for Status of Forces Agreement (SOFA)-authorized patrons of Commissaries in Korea is as follows:

Family Size	Limit
1	\$450.00
2	\$700.00
3	\$900.00
4	\$1050.00
5	\$1250.00
6+	\$1450.00

As an authorized exception to this policy, newly arrived commissary patrons can spend up to 50 percent above the new limits during one of their first three months, in order to set up their household. Refer to U.S. Forces Korea Regulation 60-1 for complete details on the rations control policy.

## AF PUBLISHING WEB SITE

The Air Force Publishing WEB Site address is as follows: [www.afpubs.hq.af.mil](http://www.afpubs.hq.af.mil). This site has the capability to download the latest Air Force Pubs and Forms. The information databases are updated every Monday and have hypertext links to the DoD web site containing DoD publications and forms.

## LOCATOR INFORMATION

Please ensure that personal information is updated through the Commander's Support Staff. Information such as physical address, phone numbers, and reporting official is monitored by the Commander's Support Staff to ensure you can be contacted in case of an emergency.

## ACQUIRING COMMANDER/FIRST SERGEANT SIGNATURE

Any documentation requiring the commander's or the First Sergeant's signature must be first routed through the CSS prior to being viewed by either of these individuals. Please ensure documentation is properly filled out and coordinated when passed to CSS personnel.

## LOCAL HOTLINES

AFOSI Det 614: **738-4180**

USFK Action Line: **725-8735**

NON-DUTY: **724-8179 (Duty Agent)**

Black Market: **724-7745**

Crime Stoppers: **724-8177 or 724-8179**

Environmental: **725-3845**

Equal Opportunity/Sexual Harassment:  
**738-3336**

Found Property: **724-3134**

Fraud, Waste and Abuse: **738-7867**

Spouse/Child Abuse:

**On Post: 737-4104 Off Post: 7917-4104**

**Off Post: 7917-4104**

# FINANCE

TSgt Michael L. Otte  
[ottem@usfk.korea.army.mil](mailto:ottem@usfk.korea.army.mil)

## Employee/Member Self Service (E/MSS)

<https://emss.dfas.mil/emss.htm>

Are you frustrated because you can't get your Mid-month Pay Statement and Leave and Earnings Statement (LES) in a timely manner each month? Have I got a web site for you!

On this site you can view and print your pay statements, change federal tax exemptions, change direct deposit. You can also start, stop, change, and view your Thrift Savings Plan that is now available for ALL active Duty personnel.

On plain bond paper put the following information and fax to DSN: 580-5800. Make sure you indicate at the top of the sheet that you are requesting an E/MSS PIN:

- Name
- Social Security Number
- Copy of your government ID or drivers license
- Daytime telephone number
- Signature

**Your PIN will be set to the last 5 of your SSAN**

**Please wait two business days before accessing E/MSS.**  
**Notification that the PIN has been reset will not be sent.**

## Advance Pay



Personnel who PCS from Korea may choose to apply for advance pay to help offset the additional costs associated with moving. Staff Sergeants and above can apply for one month advance pay, within 30 days of departure or within 60 days of arrival, to be collected back over 12 months or less on their own signature. Senior Airman and below require commander's approval.

In special circumstances members may apply for up to three months of advanced pay, an extended payback period of up to 24 months, or to receive the money outside of the normal time frame authorized. With each of these situations, **DETAILED** and **SPECIFIC** justification is required along with the commander's signature. Advance pay cannot be used to cover normal type expenses or expenses covered by travel and per diem allowances, dislocation allowance, or housing entitlements.

Essentially, the member is applying for an interest free loan to cover expenses brought on by the military requirement to relocate. There is no automatic entitlement to the advance. And members should take seriously the need to fully document the exceptions they are requesting.

For more information on Advance Pay or any other PCS entitlements give me a call at 723-6203.

## PCS Out-Processing

Please come and see me when you are between 15 - 30 days of your AFELM final out-processing appointment. **Four** copies of orders, your Government Travel Charge Card, out-processing checklist, and a port call date are all that is required.

## Temporary Lodging Allowance (TLA)

TLA is an entitlement for personnel relocating to an overseas location. Any questions concerning the number of days you are authorized should be directed to the Housing Office.

Temporary Lodging Allowance is calculated by adding the cost of your lodging (up to a pre-determined max) to an allowance for meals and incidentals. Two copies of the TLA authorization letter from housing, two copies of the paid bill, and two copies of PCS orders are required to process TLA payments. These payments will be included in the next available paycheck considering mid month and end of month cutoffs.

## Army Funded TDY Vouchers

Army regulation requires all Army funded TDY vouchers to be submitted with **original and four copies of each** of the following documents:

- DD Form 1351-2, Travel Voucher
- All receipts
- Transportation requests
- TDY orders
- Any additional required documents

Additionally, your supervisor, must sign, print name, and date all **travel vouchers** in block 20C. This will indicate the voucher and documents have been reviewed prior to submitting for payment. Once completed you must bring all the above to the AFELM finance office so that a printout of your bank information accompanies the voucher. The AFELM finance will then route the vouchers to the Army finance.

## Air Force Funded TDY Vouchers

Air Force regulation requires all Air Force funded TDY vouchers to be submitted with **original and three copies of each** of the following documents:

- DD Form 1351-2, Travel Voucher
- Transportation requests
- TDY orders

The Air force will require only one of the following:

- Any additional required documents
- All receipts

Additionally, your supervisor, must sign, print name, and date all **travel vouchers** in block 20C. This will indicate the voucher and documents have been reviewed prior to submitting for payment. Once completed you must bring all the above to the AFELM finance office.

The AFELM finance will then route the vouchers to the 51<sup>st</sup> Comptroller SQ. at Osan.

## Finance Web Sites



To get the current BAH rates for CONUS areas, BAS, OHA, and CONUS, Overseas Per Diem see the following web site:

<http://www.dfas.mil/money/milpay/pay/>  
<http://www.dtic.mil/perdiem/ohaform.html>  
<http://www.dtic.mil/perdiem/pdrform.html>  
<http://www.dtic.mil/perdiem/opdrform.html>  
<http://www.dtic.mil/perdiem>  
<http://www.dfas.mil>

## Read Your LES..!

Just like everyone else I too get complacent when it comes to my LES. I only look at how much I got paid and my current leave balance – am I right?

Lately this complacency has hurt a couple of people where it hurts the most – their pocket book! If they would have taken the time to THOROUGHLY read their LES they could have prevented a “financial hardship”.

So do yourself a favor and review your LES each month. Go one-step further and compare it to the previous statement just to make sure nothing has changed.

In these cases if this would have been done they would have noticed that they were in debt to the Air Force. Since they did not take the time to read their LES and question the indebtedness that appeared on their LES they had 2/3 of their paycheck deducted so they could pay back the debt!

So, please take the time to read 100% of your LES. It contains important information on all aspects of pay and personnel issues!

## Government Travel Charge Card (GTCC)



Even though the GTCC is issued to you for “official government travel”, as the cardholder you have certain responsibilities that need to be accomplished.

Just like you would with your own credit card(s) you need to make sure you update your address anytime you move.

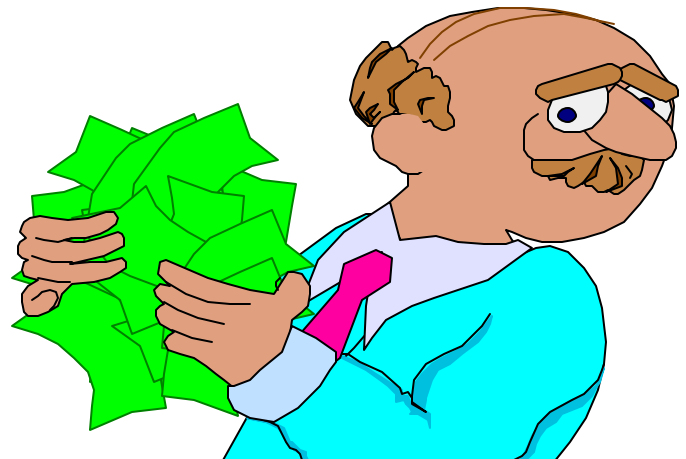
If you do not receive a statement and you know you owe money it is your responsibility to find out the balance due. This can be done by calling the toll-free number or collect number on the back of the card or by contacting your Unit Agency Program Coordinator. The DSN number is 550-4663 then dial 1-800-472-1424

Not receiving a statement or failure to change your address is not a valid excuse for being delinquent on your account. So please treat the GTCC as your own when it comes to changing addresses and paying the balance due!

If you haven't used the card recently and know a TDY is coming, please call the Bank Of America to ensure that your card is active. If problems arise, please contact TSgt Michael Otte at 723-6203.

## July Financial Schedule of Events

- 3 July, Mid-Month cutoff for processing all documents
- 15 July, Pick-Up mid-month pay statements-- based on arrival at Osan
- 24 July, End-of-Month cutoff for processing all documents
- 31 July, Pick-Up end-of-month pay statements-based on arrival at Osan





## ***PERSONNEL SECTION***

TSgt Calvin Ridley 723-4460  
RidleyC@usfk.korea.army.mil

### **Air Force releases most specialties from Stop-Loss**

**WASHINGTON** -- Air Force personnel officials announced June 21 the release of most Air Force specialty codes from Stop-Loss, a Defense Department program designed to retain members of the armed forces beyond established dates of separation or retirement.

This announcement comes as a result of the latest review of AFSCs by the major commands, Air Staff, Air Reserve Component, Secretariat and the Air Force Personnel Center, and applies across the board to both active-duty and Air Reserve Component members, said Lt. Col. Jan Middleton, chief of promotion, evaluation and separation policy at the Pentagon.

The officer career fields remaining on Stop-Loss restrictions are: 11S, 12S and 31P.

The enlisted career fields remaining on Stop-Loss restrictions are: 1A1X0, 1A1X1, 1C0X0, 1C0X1, 1C0X2, 1C1X0, 1C1X1, 1N0X0, 1N0X1, 1T2X0, 1T2X1, 2F0X0, 2F0X1, 3P0X0 and 3P0X1.

Middleton said Air Force members with an approved date of separation or retirement in those career fields approved for release are free to separate or retire almost immediately. Officials are developing guidance for the release of all personnel remaining on Stop-Loss and expect to make the announcement to the field within the next couple of weeks, she said.

"Any released active-duty or ARC member, not mobilized or deployed, with an approved expiration of term of service, date of separation or date of retirement may be allowed to separate or retire no earlier than July 1," Middleton said.

Active-duty and ARC members who are deployed in support of ongoing operations or are either voluntarily or involuntarily on active duty to support ongoing operations will not be released until they return from their deployments or they are demobilized.

"Since Stop-Loss was first implemented, the Air Force's exit plans have called for a gradual drawdown of the

number of affected AFSCs," she said. "We have tried to release as many AFSCs as possible after each review."

Stop-Loss was not used as a manning tool, Middleton said.

"The determining factor for an AFSC's release was based upon the Air Force's ability to maintain sufficient forces to meet ongoing mission requirements," she said. "To accomplish this, we review current manning and authorizations, the number of people deployed for operations Noble Eagle and Enduring Freedom, the number of Air Reserve Component people mobilized, and the overall health of the career fields."

However, Stop-Loss waivers have been and still are available, and may be granted based on specific circumstances, she said.

"We understand that many people and their families have had to put their plans on hold since Stop-Loss was first implemented," said Secretary of the Air Force Dr. James G. Roche. "I just want everyone to know that the Air Force and this nation are grateful for your service and the sacrifices you have made to keep us safe from evil."

### **New DEERS begins in 2003**

**WASHINGTON** -- The New Defense Enrollment Eligibility Reporting System, scheduled to begin in 2003, consolidates medical information from more than 120 different databases into a single one that will benefit not only TRICARE patients but also the providers, said an Air Force surgeon general official.

"New DEERS is really a tremendous step forward," said Maj. (Dr.) Paul Friedrichs, operations branch chief of the health benefits and policy division at Bolling Air Force Base, D.C. "It will consolidate information on eligibility, enrollment, claims processing, the primary care manager, and if enrollees have other health insurance."

Under the old system, the major said, the large number of databases resulted in repeated problems for patients and medical officials.

"One common example is that one database would reflect that a person was enrolled in Region 1 while another would report that (he or she was) enrolled in Region 6," Friedrichs said. "Similar conflicts between the various

databases could occur, creating problems when a claim was processed or a person sought medical care.”

Information on patients from all of the services, including the Coast Guard, as well as Guard, Reserve and any other agency using the TRICARE health system will be included in the new database, said Friedrichs.

“For the first time, all military treatment facilities and TRICARE contractors will be able to access New DEERS to verify someone’s eligibility for care, which is a real advantage, particularly if you’re traveling,” he said.

Keeping such a massive database up to date can be a daunting task, but one that Friedrichs believes is necessary.

“It improves the way we can deliver health care,” he said. “We will be able to get the right information about a patient at the right time to improve (his or her) treatment, enrollment or claims processing needs. For example, providers now don’t have to worry about searching through duplicate records to find the correct lab results. This will greatly help providers give our customers the best care possible.”

New DEERS is being deployed in three phases. The first, deployed in July 2001, consolidated everyone’s enrollment information.

The second phase, deployed in October 2001, added the TRICARE for Life information to the database for senior enrollees (those older than 65) and anyone who qualified for Medicare.

Phase 3 will be deployed next year and will contain the remaining information regarding claims, data about other health insurance carried by enrollees, and additional administrative data, he said.

Friedrichs expects full implementation of New DEERS in 2003.

“I’m a doctor by training, but I’ve been interested in medical information systems for a long time,” he said. “(New DEERS) had probably the most successful pre-deployment testing that I’ve ever seen in the military.

“We spent two months testing the database by running thousands of test patient transactions prior to deploying Phase 1, and we’ll do the same again before Phase 3,” he said.

“In fact, we’ve already corrected hundreds of thousands of errors as we’ve consolidated the information,” he said.

“The new system allows us to correct many of these in real-time as soon as they are identified. And the advantage of the system is that impact to the patient is minimal with most corrections and transactions occurring behind the scenes.”

### **Nearly 2,200 selected for promotion to major**

**RANDOLPH AFB, Texas (AFPN)** -- The calendar 2002A central line, judge advocate general, nurse corps, medical service corps and biomedical sciences corps major selection boards selected 2,175 officers for promotion to major.

A special selection board selected an additional 24 people May 6.

The entire list will be posted on the Air Force Personnel Center's Web site the afternoon of June 21, said AFPC officials.

The major's board convened here Feb. 19 to March 1 to consider 3,090 captains for promotion.

Some officers affected by Stop-Loss were given the opportunity to have their records reviewed by the regularly scheduled May 6 special selection board. This occurred because there was concern that some of those officers may not have understood their options for a promotion board in a Stop-Loss environment, officials said.

Announcement of the in-residence professional military education candidates associated with these promotion boards is scheduled for June 27.

Selection statistics in-the-promotion zone for major include:

Line -- 1,814 officers selected from 2,048 considered for an 88.6-percent select rate;

JAG -- 54 officers selected from 62 considered for an 87.1-percent rate;

NC -- 92 officers selected from 125 considered for a 73.6-percent rate;

MSC -- 35 officers selected from 39 considered for an 89.7-percent rate; and

BSC -- 130 officers selected from 148 considered for an 87.8-percent rate.

Selection statistics above-the-promotion zone for major include:

Line -- 30 officers selected from 558 considered for a 5.4-percent select rate;

JAG -- Five officers selected from 10 considered for a 50-percent rate;

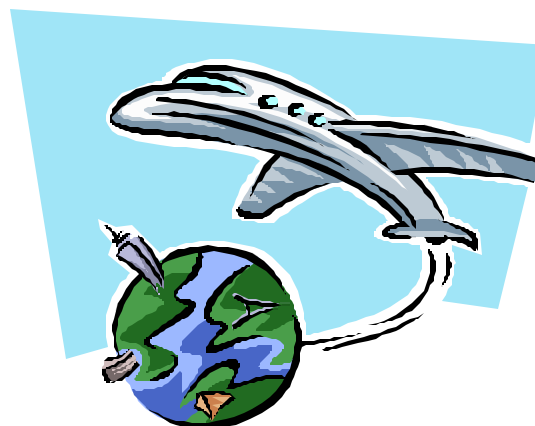
NC -- Eight officers selected from 72 considered for an 11.1-percent rate;

MSC -- Three officers selected from eight considered for a 37.5-percent rate; and

BSC -- Four officers selected from 20 considered for a 20-percent rate. (Courtesy of AFPC News Service)

#### June 2002 Arrivals

<u>Rank/Name</u>	<u>Unit</u>	<u>Losing Base</u>
LT COL BUCK, ANTHONY B.	J-3	ELMENDORF AFB AK
MAJOR ALSPAUGH, JOHN M	J-3	OFFUTT AFB, NE
MAJOR BERGMANN, TIMOTHY	J-2	PETERSON AFB CO
MAJOR COX, JOHN A JR	FKJA	CHARLOTTESVILLE, VA
MAJOR LAWYER, DAVID T	607 WS	USAF ACADEMY
MAJOR MOREA, THOMAS C	SOFA	SHAW AFB SC
MAJOR SWECKER, BRYAN E.	J-4	SHEPPARD AFB TX
MAJOR VOGEL, SCOTT G.	J-3	JOHNSON SPACE
MAJOR WERT, MARK S	J-3	USAF ACADEMY CO
CAPT DOWNEY, JOHN A II	J-2	HURLBURT FLD FL
CAPT SMITH, RANDALL E.	J-1	RANDOLPH AFB TX
CAPT SPANN, JEFFERY B.	C-4	TYNDALL AFB FL
MSGT PHELPS, JOHNNY M.	303 INTEL	MALMSTROM AFB MT
TSGT DAVIS, KYONG H.	CHAPLAIN	OSAN AFB
TSGT MOORE, SCOTT R	607 WS	GOODFELLOW AFB, TX
TSGT RIDLEY, CALVIN A	AFELM	TYNDALL AFB, FL
TSGT TOWNSEND, CARLA E	J-3	RAMSTEIN AB, GERM
SSGT BRIGGS, KRISTI L	J6	LACKLAND AFB TX
SSGT GUARDIA, LATOYA M	NEO	ANDREWS AFB MD
SSGT MURPHY, ASHLEY L	303 INTEL	FT GEORGE, MD
SSGT RABES, ERIK D	303 INTEL	PETERSON AFB, CO
SSGT SMITH, GLENN A	J-1	LACKLAND AFB TX
SRA APODACA, JULIE A.	J-1	EGLIN AFB FL
SRA EGAN, BRIAN J	607 WS	SHAW AFB SC
SRA MCDANIEL, GREGORY	303 INTEL	FAIRCHILD AFB WA



#### July 2002 Departures

<u>Rank/Name</u>	<u>Unit</u>	<u>Gaining Base</u>
COL NAGY, DALE	SOCKOR	CARLISLE BARRACKS P.
LT COL FRONCZAK, LINDA	PMO	HILL AFB UT
LT COL ALLISON, JOHN	J-3	POPE AFB NC
LT COL FOTI, ANTHONY A.	FKEN	MACDILL AFB FL
LT COL HUDSPATH, SAMUEL	PA	PENTAGON ADM VA
LT COL SWARTZ, RAY	J-4	LANGLEY AFB VA
LT COL YAMAGUCHI, PAUL	JUSMAG	LOS ANGELES AFB CA
MAJ ARNOLD, MICHAEL	JUSMAG	HURLBURT FLD FL
MAJ ELLIS, RICHARD	J-5	FT BELVOIR AIN VA
MAJ GISI, MARK	J-1	MAXWELL AFB AL
MAJ KASEMSAP, PACHAVIT	121 GH	EGLIN AFB FL
MAJ LUNDBORG, TAMMY	J-6	SCOTT AFB IL
MAJ REIDY, JOHN	3RD RBLG	FORT BRAGG NC
MAJ ULMAN, JAMES	607 WS	SCOTT AFB IL
MAJ WASSON, MICHAEL	J-3	PETERSON AFB CO
MAJ WESTERGARD, RUSSELL	J-2	WASHINGTON CTY DC
MAJ WRIGHT, DAVID	J-3	SEY JOHNSON AFB NC
CAPT SULLIVAN, GERALD	607 WS	LANGLEY AFB VA
1LT BARTLETT, KEVIN	607 WS	WRIGHT PATT AFB OH
1LT FOLSOM, MANUEL I. JR	607 WS	WRIGHT PATT AFB OH
1LT LUSSIER, LOUIS L. III	607 WS	WRITGHT PATT AFB OH
SMSGT YOUNG, DARNELL	SUSLAK	FT MEADE AIN MD
MSGT DOMINGO, MICHAEL	SUSLAK	FAIRFAX CTY VA
MSGT HOGGSTROM, PHILIP	J-2	OFFUTT AFB NE
MSGT MAYO, DAVID	SUSLAK	FT MEADE AIN MD
SSGT BLACK, EDGAR	607 WS	OFFUTT AFB NE
TSGT CARPENTER, TODD	607 WS	MAXWELL AFB AL
TSGT DUFFRIN, MICHAEL	C-1	DAVIS MONTHAN AFB A
TSGT FOSTER, ALFREDA	J-1	CHARLESTON AFB SC
TSGT GOOD, SCOTT	AFELM	DYESS AFB TX
TSGT ROGERS, RON	AFN	YOKOTA AB JAPAN
SSGT ORTIZ, LEA	AFN	KAISERSLAUTERN GER
SSGT YOUNG, TARYN	J-4	ELMENDORF AFB AK
SSGT NICHOLLS, WANDA A.	607 WS	MOODY AFB GA
SRA NAGY, JOHN E. JR	607 WS	SPANGDAHLEM AB GE

# Promotion News

## ***Congratulations to the April 2002 Promotees***

Lt Col Bruce Postel	Maj Ida Lee Widmann	MSgt Michael Kang
J3	CFEN-D	J4
TSgt Scott Simoni	SSgt Johndavid Gasa	SSgt Alison N. Long
SOCKOR	607 WS	607 WS

## ***Congratulations to the May 2002 Promotees***

Maj Bernard Hatch	Capt Ski Allender	Capt Jason Lemons
J4	SOCKOR	SOCKOR
TSgt James Register	TSgt Ron Rogers	SSgt Lina Anderson
Postal	AFKN	SUSLAK
SSgt Barney Roberts		SSgt Lea Ortiz
607WS		AFKN

## ***Congratulations to the June 2002 Promotees***

SSgt Elizabeth A. Sullivan – J1                      SSgt Taryn M. Young – J4

## ***Congratulations to the July 2002 Promotees***

Maj John Downey II – J2	Maj Philip E. Ruter II – RM
SSgt Jesse L. Wilcox – 607 WS	A1C Maurice J. McKay - Postal

## **July 2002 Enlisted Promotion Increments**

Promoted To:	Line Numbers
CMSgt	301 - 348
SMSgt	359 - 469
MSgt	6458 - All Remaining
TSgt	10962 - All Remaining
SSgt	17701 - 19473

## **Enlisted Test Cycles**

Cycle	Grade Testing to	Testing Window
02E8	SMSgt	Jan 2003
02E6	TSgt	Feb - Mar 2003
02E7	MSgt	Feb - Mar 2003
02E5	SSgt	May 2003
02E9	CMSgt	Sept 2002

## August 2002 Officer Promotion Increments

### Colonel Boards

BOARD	QUOTA	THRU SEQ #	# REMAINING
LAF, CY00A	44	654	0*
CHAP, CY01B	1	3	4
JAG, CY01A	1	24	4
NC, CY01A	1	11	5
MSC, CY01B	2	6	13
BSC, CY01B	2	4	9

### Lt Colonel Boards

BOARD	QUOTA	THRU SEQ #	# REMAINING
LAF, CY01B	125	625	867
CHAP, CY00A	1	21	1
JAG, CY00A	3	34	0*
NC, CY01B	7	37	56
MSC, CY01A	3	33	3
BSC, CY00A	5	51	10

### Major Boards

BOARD	QUOTA	THRU SEQ #	# REMAINING
LAF, CY01A	215	1505	214
CHAP, CY01A	2	15	12
JAG, CY01A	6	46	0*
NC, CY01A	13	93	39
MSC, CY01A	5	51	0*
BSC, CY01A	11	79	11

\*List Exhausted

### Enlisted Quarterly Assignments Listing (EQUAL)

EQUAL is the assignment listing, which advertises most of our enlisted assignments, which are sending people overseas and providing CONUS assignments for overseas returnees. These assignments are advertised and matched eight times a year (four cycles each for those going to and from the overseas area). The listing tells you what is available by AFSC, grade, and location. It allows you to align your preferences to actual Air Force needs. EQUAL listings may be viewed at your MPF, with your Commander's Support Staff, or on AFPC's World WideWeb.

For overseas assignments, members must meet established quality control criteria for reassignment (not under Article 15 punishment, not on the Control Roster, not in Drug/Alcohol rehabilitation, no rating of 2 or lower on latest EPR, etc.). You also need to be eligible to obtain the required retainability for the assignment you are volunteering for. For example, you are a married TSgt nearing your high year of tenure and are only able to get 36 months of retainability (you only have 36 months after the RNLTD of the advertised requirement, before you retire) and you see a requirement for Yokota AB on EQUAL for your AFSC and grade. You know that if you volunteer as an extended tour volunteer you have a higher priority than a standard tour volunteer. But guess what? You can't be an extended tour volunteer because you can't obtain the required 48 months of retainability and the computer would not select you. So to be properly considered for this Yokota requirement, you would need to volunteer for the standard tour length of 36 months.

Overseas members with an indefinite DEROS are eligible for a consecutive overseas tour (COT) anytime after completing their original tour. Individuals with an established DEROS can also be considered for a COT but can only volunteer for advertised requirements with a reporting date (RNLTD) equal to your DEROS month or the following two months. For example, if your DEROS is Jan, you are eligible to compete for assignments with Jan, Feb, or Mar reporting. You must meet the eligibility requirements as outlined in AFI 36-2110.

If you are not selected for a COT assignment or didn't volunteer because you want to return to the CONUS, you will compete for a CONUS assignment during your overseas return cycle. You must have 12 months retainability after DEROS to be considered for a return assignment. You only need 7-12 months if you're on a short tour where the accompanied tour is not authorized, and high year of enure restricted from getting the full 12 months. If you do not have or obtain the required retainability by the required date, your DEROS will be involuntarily extended to match your DOS. For answers to questions or other specific information on retainability issues, contact your local MPF or Commander's Support Staff.

Military personnel married to military personnel **DO NOT** use the overseas returnee EQUAL list. AF couples **DO** use the overseas EQUAL listing to apply for overseas assignments, including COTs.

### Enlisted Overseas EQUAL

RNLTD	AVAIL TO CUSTOMER	PREF DUE	ASSIGNMENT FLOW/PUBLIC RELEASE
APR/MAY/JUN	2 AUG 2002	16 AUG 2002	30 AUG 2002
JUL/AUG/SEP	1 NOV 2002	15 NOV 2002	29 NOV 2002
OCT/NOV/DEC	1 FEB 2003	20 FEB 2003	28 FEB 2003
JAN/FEB/MAR	3 MAY 2003	22 MAY 2003	30 MAY 2003

### Enlisted Overseas Returnee EQUAL

DEROS	AVAIL TO CUSTOMER	PREF DUE	ASSIGNMENT FLOW/PUBLIC RELEASE
NOV/DEC/JAN	19 JUL 2002	2 AUG 2002	16 AUG 2002
FEB/MAR/APR	18 OCT 2002	1 NOV 2002	15 NOV 2002
MAY/JUN/JUL	17 JAN 2003	6 FEB 2003	14 FEB 2003
AUG/SEP/OCT	18 APR 2003	8 MAY 2003	16 MAY 2003

**DEROS Election Option/Forecast Notification RIPS** You will receive, from your Orderly Room, your DEROS RIP 10 months prior to your DEROS. So, if your DEROS is the month of February 2002, you will receive your DEROS RIP in April 2001. The RIP must be returned to the AFELM/SPA within 30 days from the day it was produced.

A DEROS extension request submitted later than 30 days from the day your DEROS RIP was produced must be submitted and considered as an exception to policy. This type of request must be fully justified and may be disapproved by your commander. When your commander recommends approval, the request is submitted out-of-system to the AFELM/SPA for forwarding to your parent MAJCOM. Your parent MAJCOM may disapprove the request or recommend approval and forward the request to your assignment OPR for a final decision. Enlisted members who extend their OS tour for a period of 6 or more months are given higher assignment priority within their returnee match group.



The Air Force Bluesuiters' Association  
presents



# *Monthly Hail and Farewell*

**26 July 02, TIME: 1900 hrs**

**Located at Bldg 1126 (Cp Coiner)**

Come to the Hail & Farewell on Friday  
26 July 02 and meet the newly arrived AF  
personnel & say goodbye to all  
departees.



## **Bluesuiters!**

The Shirt and I attend each one of these---it's  
a great opportunity to say goodbye to your fellow  
bluesuiters, make the new arrivals feel at home  
and get a cold beverage/free food after a long work  
week. I encourage everyone to come out and attend!



**FREE FOOD AND REDUCED  
BEVERAGE PRICES**



## **HEALTH & FITNESS NEWS “U” CAN USE**

### **WILL MY MUSCLE TURN TO FAT?**

**Question:** I've been lifting weights because I know it's good for me. But won't all those muscles turn to fat someday?

**Answer:** Fear not. First, muscles don't "turn into" fat. When muscles aren't used, their strength and size do slowly deteriorate, but they don't become fat.

What actually happens is a bit more complicated. A study in the December 1994 issue of the *Journal of the American Medical Association* found that after age 35 or so, most people naturally lose one-third to one-half of a pound of muscle each year. Because muscles use more calories than fat -- even when you're just at rest -- your metabolic rate (the number of calories your body needs every day) will decrease as those muscles become smaller. You end up needing fewer calories to keep your weight constant.

What does this have to do with fat? If you stop exercising but keep on eating the same number of calories, maintaining or losing weight become harder and harder, and those "extra" calories can end up as body fat. That's why weight training becomes even more important as you get older. Not only can it keep your metabolic rate high, it keeps you strong. The stronger you can stay, the easier daily physical activities like climbing stairs or shoveling snow will be, and the more active you're likely to be overall. Another reason not to shy away from the weight room: strength training challenges your bones, which helps guard against osteoporosis.

But back to aesthetics: you won't look bulky from lifting weights (unless you try really; it's really hard to achieve that look). In fact, you'll appear more trim and toned, and the emotional and physical gains you'll enjoy will make you wish you had started years ago.

## **STAY FIT FOR LIFE!**



## HOURS OF OPERATION

### Satellite Personnel Activity (Military)

Mon, Tues, Wed, Fri    0800 - 1700    Walk-in Customer Service/Telephone Inquiries  
Thursdays            1000 - 1700

Mon, Tues, Wed, Fri    0800 - 1000    **Outprocessing** (by appointment in military uniform)

Mon, Tues, Wed, Fri    0800 - 1000    **Inprocessing** (by appointment in military uniform)

### AFELM Orderly Room

Monday - Friday        0800 - 1700        Walk-in/Telephone Inquiries

### Finance Activity

Monday - Friday        0800 - 1100 and 1300 - 1700

\*Finance may be closed at times to make distribution runs to Osan / Army Finance Offices

### AFELM Section Commander/AF Advisor

Walk-in time            1700 - 1800 (Monday Through Friday)

